



**ACADEMY OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE, MALAYSIA
FITNESS FOR WORK (FFW) WORKSHOP 2018
24-25th NOVEMBER 2018
GRAND PALACE HOTEL, MIRI, SARAWAK.**

One of the important roles and activities performed by the Occupational Health Doctors (OHD) and Physicians (OHP) on day to day basis is determining the medical Fitness For Work (FFW) for workers that present themselves to their attending OHD/OHP. This requires the OHD/OHP to have a good knowledge and understanding of the workers' job duties and/or tasks and matching them with the workers' physical and mental fitness based on the standard set by the Company or authority and the prevailing legislations. The OHD/OHP must also be able to guide the Employers on what to do with their workers who were determined medically unfit for work.

This FFW Workshop provides the necessary knowledge for the OHD/OHP to properly and systematically perform FFW determination and management of medically unfit workers. The Workshop covers FFW issues for various body systems/organs through several case studies and references provided.

Objectives

At the end of the Workshop, participants will be able to:

- Obtain a functional history and determine objective evidence of physical and mental fitness in relation to individual's essential job duties.
- Identify features of both functioning and impairment in an individual's clinical presentation.
- Know how to manage workers who are determined to be medically unfit for work.
- Describe different standards of Fitness For Work in various industries

Who should attend the Workshop?

Occupational Health Physicians, Occupational Health Doctors, Medical Practitioners, Medical Specialists, Allied Health Care Professionals (Nurses, Medical Assistants, Health Inspectors, etc.)



WORKSHOP SCHEDULE - DAY 1

| Time | Topic | Speaker/Facilitator |
|---------------------|---|----------------------|
| 8.00 – 8.15 am | Registration | Secretariat |
| 8.15 - 9.00 am | Overview of Fitness For Work | Dr Abu Hasan (AHS) |
| 9.00 – 9.45 am | Framework for Assessing Fitness For Work | AHS |
| 9.45 – 10.30 am | Support and Interventions in Restoring Fitness For Work | Dr Agus Salim (ASMB) |
| 10.30 – 10.45 am | Tea Break | |
| 10.45 – 11.30 am | Fitness For Work in Cardiovascular Disorders | AHS |
| 11.30 am - 12.15 pm | Fitness For Work in Musculoskeletal Disorders | ASMB |
| 12.15 – 1.00 pm | Group Work: Case Study 1 | AHS/ASMB |
| 1.00 - 2.00 pm | Lunch | |
| 2.00 - 3.15 pm | Group Work: Case Study 2 | AHS/ASMB |
| 3.15 - 4.30 pm | Group Work: Case Study 3 | AHS/ASMB |
| 4.30 - 5.00 pm | Discussion | All |
| 5.00 pm | Tea Break and Adjourn | |

WORKSHOP SCHEDULE - DAY 2

| Time | Topic | Speaker/Facilitator |
|--------------------|---|---------------------|
| 8.00 – 8.15 am | Registration | Secretariat |
| 8.15 - 9.15 am | Fitness For Work Standards in Oil & Gas Industry | Datin Dr Norsayani |
| 9.15 – 10.00 am | Seafarer Medical Fitness | ASMB |
| 10.00 – 10.15 am | Tea Break | |
| 10.15 – 11.00 am | Fitness For Work in Mental Health and Psychiatric Disorders | ASMB |
| 11.00 - 11.45 am | Vision and Hearing in Fitness For Work | AHS |
| 11.45 am – 1.00 pm | Group Work: Case Study 4 | AHS/ASMB |
| 1.00 - 2.00 pm | Lunch Break | |
| 2.00 - 3.15 pm | Group Work: Case Study 5 | AHS/ASMB |
| 3.15 - 4.30 pm | Group Work: Case Study 6 | AHS/ASMB |
| 4.30 - 5.00 pm | Discussion | All |
| 5.00 pm | Tea Break and Adjourn | |



Registration Form
AOEMM FITNESS FOR WORK (FFW) WORKSHOP 2018
24-25th November 2018
Grand Palace Hotel, Miri, Sarawak

Complete this form today and fax to: +603-40508211 or mail to:
Academy of Occupational & Environmental Medicine, Malaysia
Room No. 11, Fifth Floor, MMA House,
124, Jalan Pahang, 53000 Kuala Lumpur.

PARTICIPANT'S DETAILS

Full Name: _____

Full Address: _____

IC NO: _____ E-Mail: _____

Tel: (H/P): _____ (Office): _____ Fax No: _____

Registration Fee: RM 700.00 (AOEMM members) & RM 900.00 (Others)

Enclosed is a cheque/bank draft for RM _____ made in favour of the **Academy of Occupational & Environmental Medicine, Malaysia**.

Bank: Hong Leong Bank

Acc. No: 29500009155

Note: Kindly email the transaction slip, after the bank-in or fee transfer.

IMPORTANT NOTICE:

- Only participants who have registered and paid in full will be ensured a place at this Workshop. The Workshop's materials for walk-in and non-paid registered participants shall be given on a first-come first-served basis. To avoid disappointment, please ensure payment is made before the Workshop.
- AOEMM reserves the right to postpone or cancel the said Workshop if the response is not good, i.e. less than 10 participants, no less than 2 weeks from the date of the event. AOEMM shall not be liable for any financial consequences from this move.

For further information, please contact AOEMM Operating Officer:

Ms. Hema

Tel: 012-6020 778 (9 a.m. - 5 p.m. only), Monday - Friday

Fax: 603-40508211

Email: malaysia.aoem@gmail.com